



Footsteps in the Forest: Paths of the Warrior

Date / time	Sunday 31 st May	Monday 1 st June	Tuesday 2 nd June	Wednesday 3 rd June
6pm	arrival			
7pm	dinner			
8pm	Forest of the Sagh'ic			
7:45am		Morning meditation	Morning meditation	Morning meditation
8:15am		Breakfast	Breakfast	Breakfast
9:15am		The Great Song	Mear Dao- Ean	The Forest Warrior
		Resonance Healing	The Bone Mother: Ancestral surrender	
1:00pm		Lunch	Lunch	Lunch
2:00pm		The Warrior Healer	Swaying Walk: exorcism of ancestral wounds	Red Mountain Ceremony
		Spirits & Ancestors		
7:00pm		Dinner	Dinner	
8:00pm		Fire Ritual	Blue Lotus Evening Ritual	